




Health and the Environment



“ We want them to grow up strong and in good health.
They are all our children and their health is precious to us. ”

Health

- **The Center for Treating Dermatological Diseases**

The Safadi Foundation established a center specialized in dermatological diseases in Tripoli at the end of 2003. The step was part of the community institution policy to develop the health sector through creating a network of specialized health centers. The Center offers preventative health care, diagnosis and treatment services for cases of skin disease. During 2004, approximately 4,000 people benefited from the project. Children up to the age of 12 formed the highest percentage of beneficiaries of the Center's services, with around 35% of total cases treated.

- **Health Awareness and Guidance Seminars**

The Safadi Foundation organized a series of health guidance seminars as part of ongoing health campaigns launched by the Ministry of Health. Some 250 people took part in the seminars, distributed as follows:

Seminar topic	Number of participants
Causes and prevention of strokes	60
Lung congestion	80
Breast cancer and prevention	110
Total	250

- **Anti-Smoking Campaign**

The Foundation established partnership with the World Health Organization, the Ministry of Public Health, and social and health institutions to launch a national anti-smoking campaign. The campaign included seminars for various social sectors throughout the country.

- **Strengthening Skills for Adolescents: No to Drugs**

The Foundation carried out, in cooperation with Skoun, the Lebanese Addiction Center, a preventative health program aimed at adolescents. The program was designed to strengthen the skills of a group of trainers and provide them with needed information about drugs and ways to avoid their use.

In its initial stages, the program focused on preparing a group of trainers selected from a number of youth and social associations. The trainers employed the skills they learned with 300 students from four different schools. During the coming school year, the program is expected to expand to cover 12 schools from around the entire country.

